PUBLIC HEARING TO RECEIVE PUBLIC TESTIMONY AND COMMENTS

IN RE: PROPOSED 2025 HEALTH INSURANCE RATE INCREASE

Golden Rule Insurance Company Pre-ACA Policies Wellmark, Inc., Pre-ACA Policies Wellmark Health Plan of Iowa Pre-ACA Policies

IOWA INSURANCE COMMISSIONER DOUGLAS OMMEN, Presiding

Also Present: SONYA SELLMEYER

Consumer Advocacy Officer

CRAIG ROBINSON CODY BUTENHOFF

Thursday, August 8, 2024 5 p.m.

Iowa Insurance Division Mississippi Conference Room 1963 Bell Avenue Des Moines, Iowa 50315

THERESA KENKEL - CERTIFIED SHORTHAND REPORTER

WELLMARK HEALTH PLAN OF IOWA PRE-ACA POLICIES

Sonya Sellmeyer, Consumer Advocate 44

<u>P R O C E E D I N G S</u>

COMMISSIONER OMMEN: Good afternoon to all of you. I think those that we expected to be here are in attendance and so we will begin our hearing.

I am Insurance Commissioner Doug Ommen and we're here to receive comments on rate filings that have been submitted under our--in our individual health market.

The rate filings under consideration here include the individual plans that are compliant with the Affordable Care Act in that they are being offered pre-ACA as a part of transitional or grandfathered plans. It's important to recognize that the review of these plans, though, however, is--does trigger a review under our statutes.

These transition plans, although they--new participation is prohibited under the administrations of President Obama, President Trump, and now President Biden. The Affordable Care Act is not enforced with regards to these transitional plans and grandfathered plans. However, as I mentioned, in the individual market new participants are not permitted to join.

First I want to introduce to you to my left here is the Consumer Advocate for the Insurance

Division Sonya Sellmeyer.

As I mentioned, the purpose of today's hearing is to gather comments and information from individuals who are going to be impacted by the rates that have been submitted in the plans that were made known through a notice that has been published through our website.

It's also important to realize that our rate review authority is primarily a function of balancing the total dollars paid out to cover health care costs in the form of claims for a particular insurance pool with a mix of rates that are designed to collect enough premium in order to cover those claims. In reviewing the rates, the impact of the rates on the policyholders is very important.

Iowa Code, Section 505.19, requires that I convene a public hearing on proposed individual health insurance rates which exceed the average annual health spending growth rate. This annual health spending growth rate is published by the Centers for Medicare and Medicaid Services and the United States Department of Health and Human Services and for 2024 it is my understanding that the health spending growth rate is 5.6 percent.

For today's hearing I am primarily

interested in hearing from individuals who would be personally impacted in these grandfathered and transitioned plan rate cases. I will, however, hear comments from all members of the public, but as mentioned, the primary issue is the affordability of those who actually have coverage in the plans for which we are gathered here today.

The materials regarding these proposed rates can be found at our website and I know that issue will be covered in more detail by the Consumer Advocate.

So with that, are there any additional housekeeping matters that we need to take care of? I did originally schedule one hour for this hearing and I expect, based upon those that are in attendance, we will be able to stay within that timeframe.

But with that, I'd like to turn it over to hear from the Consumer Advocate the findings of her review of both the rates as well as information concerning comments that have been received from the public.

So with that, Ms. Sellmeyer, you have the floor.

MS. SELLMEYER: Thank you, Commissioner.

Just a few quick housekeeping items. There

is a copy of the agenda in the chat for those of you online, and I apologize to those of you online that you're unable to see us. This was tested before we started and I don't know what happened. So I apologize. Hopefully you can hear us okay.

This is a public hearing and we will have time for comments, as the Commissioner noted. When it's your company, you will have that opportunity.

If you are on the phone, you are muted and in order to make a comment, you will need to hit star 9 in order to become unmuted.

If you're on the virtual feed, again you are muted and you'll need to raise your hand via the reactions button on the Zoom link.

Again, we will go through this company by company and when we get to your company, you will have that opportunity to speak. Therefore, I will go through the general procedure for the health rate review. My opening comments—and these comments apply to all three companies that are being reviewed here today.

Iowa Code, Section 505.19, outlines

procedures for health insurance rate increases above
the 5.6 percent average annual health spending growth
rate set by the Centers for Medicare and Medicaid

Services, also known as CMS. These procedures require that the Consumer Advocate gather public comments on the proposed rate increase, post them online, and present them to the Commissioner of Insurance before a decision is made.

The rate hearing allows affected policyholders to voice concerns about their premium notification letter. If you do not receive such a letter, please limit your comments to give policyholders enough time to share their concerns.

Two distinct and autonomous reviews are conducted to ascertain the reasonableness and justification of the proposed rate increases by-changes by the insurance company. Initially, the health team within the Iowa Insurance Division, which includes an actuary, performs an independent assessment of the company's proposal. Following this, an additional review is carried out by an external consulting actuary.

Prior to making a recommendation to the Commissioner regarding the approval, disapproval, or modification of the proposal, both review teams must reach substantial agreement on the recommended rate. This dual--sorry--this dual review system has been in operation since 2008.

The Affordable Care Act, or the ACA, mandates that insurance companies allocate a minimum of 80 percent of premium dollars to medical care known as the Federal Medical Loss Ratio, or MLR. Since 2012 failure to meet this 80 percent MLR requirement over a three-year rolling period necessitates issuing a rebate to consumers through a federally-prescribed process. Rate change proposals are granted approval only when the Federal MLR is expected to meet the 80 percent minimum standard.

For all rate change proposals in the individual and small group health insurance markets, both rate review teams scrutinize the policy's experience, including premiums, claims, loss ratios, and more. They also assess trend assumptions, which encompass the growth in claim costs due to both unit cost increases and utilization increases.

This determination of the proposal's reasonableness and justification is conducted through the application of advanced procedures, advanced forecasting models, and scenario testing.

The analysis methods, procedures, and overall process have evolved over numerous years.

Shortly after the enactment of the ACA, an actuarial consulting firm, The INS Companies from Philadelphia,

Pennsylvania, conducted a comprehensive evaluation of the Division's rate review process and found it comprehensive, rational, and actuarially robust.

The State of Iowa has been acknowledged by CMS as having an Effective Rate Review program in place. With the ERR, or the Effective Rate Review, designation by CMS, along with the process described above, the policy can be assured--the public can be assured that any decision made after this hearing has undergone thorough scrutiny by multiple parties.

Over the past several years, Congress has taken steps, as the Commissioner mentioned, to subsidize health insurance costs in the ACA market. Previously households were only eligible for a premium tax credit if their income was between 100 and 400 percent of the Federal poverty level for their income--for their family size.

However, with the American Rescue Plan, households with income levels above 400 percent can now claim a tax credit. Additionally, the Inflation Reduction Act has extended the American Rescue Plan Act's enhanced subsidies and reduced the percentage of income paid towards premiums through 2025 effectively eliminating the subsidy cliff.

After the 2024 open enrollment, nearly 40

1 percent of Iowa policies receiving Advance Premium 2 Tax Credits paid premiums less than \$10 a month, with 3 the average Iowa premium after those Advance Premium Tax Credits of \$93. 4 5 That concludes my opening statement and we 6 will go next to the next company on the agenda, 7 Golden Rule. 8 MR. ROBINSON: Our thing is going to stop so maybe we start and relaunch so we have 40 minutes. 9 10 MS. SELLMEYER: Okay. 11 COMMISSIONER OMMEN: What do you mean our 12 thing is going to stop? 13 MS. SELLMEYER: Apparently our Zoom has a 14 limit on it. 15 COMMISSIONER OMMEN: How many do we have in 16 attendance? Do you have that?. MS. SELLMEYER: 17 Four. MR. ROBINSON: It looks like there's seven 18 19 total, but that's three of us. 20 COMMISSIONER OMMEN: How will you notify 21 them that they're going to have to reengage? 22 MR. ROBINSON: I messaged in the chat that 23 if the meeting ends, we'll have to restart, relaunch,

All right.

and they just come in the same way.

COMMISSIONER OMMEN:

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1	MS. SELLMEYER: Thank you.
2	MR. ROBINSON: Cody, do you want to end it
3	up there?
4	COMMISSIONER OMMEN: What we will do is we
5	willdo you want to restart that now?
6	MR. ROBINSON: I think so. Then that gives
7	us 40 minutes.
8	COMMISSIONER OMMEN: All right. Let's go
9	ahead and stand in recess while we reconnect for
10	those that attended virtuallyare attending
11	virtually.
12	(Short recess.)
13	MS. SELLMEYER: Sorry about that, everyone.
14	Thank you for your patience.
15	I will start with Golden Rule as the first
16	company that we're going to discuss today.
17	Golden Rule Insurance Company has proposed a
18	16.6 percent average rate increase for their pre-ACA
19	grandfathered and transitional blocks of business.
20	The proposal covers all benefit plans called
21	Generations 1 through 27. It's a flat-rate across-
22	the-board increase.
23	This proposal covers around 1,055 Iowa
24	lives. If approved, the proposed rate increase will
25	become effective on January 1, 2025, for Generations

1 through 22 and 25 through 27; June 15th, 2025, for Generation 23; and June 1st, 2025, for Generation 24.

After considerable back and forth communication between the carrier, the Iowa Insurance Division, and its consultants, the proposal has now been revised to be 12.3 percent as of August 2nd, 2024.

With the newly revised proposal, the average rate increase will be around \$50--\$58 a month for an average of \$528, average 2025 projected average premium less the 470, which is the current average premium. This is an average based on all members, all age groups, all benefits, all geographical regions.

The Commissioner will review this rate increase proposal after considerable public input from the hearing, along with the internal team's recommendation and the consultant's final report.

The Consumer Advocate has received two comments from policyholders and members of the public. Like most who are subject to proposed rate increases, the comments focused on affordability and I will read one of those comments now.

"We have purchased health insurance as a couple from Golden Rule since 2012. We started out at \$683 and are now at \$1,591. We had to go from a

deductible of 2,500 to 5,000 to try and afford this insurance. We are healthy. This is ridiculous.

Please say no to this increase."

In summary, the average premium increase before Federal subsidies is approximately \$58 a month. This is an average based upon all members, all age groups, all benefit plans, all geographical regions.

The comments received and have been posted as of August 5, 2024, have been included in this testimony report as required under Iowa Code, Section 505.19(3). However, comments may continue to be received by this Consumer Advocate until the Commissioner makes a final decision on the proposed rate increase. All additional comments before the Commissioner's decision, but after the presentation of today's consumer testimony, will be recorded on the public hearing website.

That concludes the comments on Golden Rule by the Consumer Advocate.

Is there anyone on the line from Golden Rule Insurance Company that would like to speak?

COMMISSIONER OMMEN: Ms. Sellmeyer, as we're waiting for people to identify themselves, my recollection on this pool is--and you may not have

1 this in front of you, but my recollection is that 2 last year they were--Golden Rule was still reporting 3 about 1,700 individuals in this pool. I just want to 4 make sure I understood that what you reported this 5 year is that it's down to 1,055 individuals? 6 MS. SELLMEYER: That is correct. 7 decreased over the last year. 8 COMMISSIONER OMMEN: Thank you. 9 MS. SELLMEYER: Uh-huh. 10 COMMISSIONER OMMEN: So has anyone online 11 indicated the desire to make comment with regards to 12 being a policyholder, an impacted individual with 13 Golden Rule? 14 MR. ROBINSON: I'm not seeing any. 15 COMMISSIONER OMMEN: Is there anyone in the 16 room that wishes to offer comment with regards to 17 Golden Rule? MR. JIM JANDIK: 18 There is. Thank you, sir, for 19 COMMISSIONER OMMEN: 20 being here. Could you please identify yourself for the record. 21 22 MR. JIM JANDIK: Sure. My name is Jim 23 My wife and I live on a farm in southern 24 Iowa. We're halfway between Indianola and Osceola,

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right along Highway 69.

COMMISSIONER OMMEN: Thank you for being here today.

MR. JIM JANDIK: Thank you for asking me to speak.

I'm here today because I'm angry. I'm angry about a couple of things. I'm angry about the perpetual, now seemingly annual rate increases we're seeing on these grandfathered Golden Rule insurance policies. I'm also angry that either yourself or the previous Commissioner has approved a tremendous number of these rate increases and the rates at which they were approved at, okay?

In front of me--I don't have the collection of my whole file, but I've got a pretty good representation of these original documents. These are from Golden Rule. These are either proposals or notifications of rate increases or the actual rate increases. They're here for your review if you'd like to. I'd more than welcome make copies available to you.

My wife and I have been policyholders with Golden Rule since June 14th of 2012. The policy that became effective on that date in 2012 is the exact same policy that's in effect today. The deductibles are the same, the coverage is the same. So it's

apples to apples, okay? We haven't changed anything on the policy so it's essentially--it is the same policy as it was issued in 2012, okay? So I'll make that very clear.

When this policy was first taken out there were two individuals on the policy, my wife and myself. Now, I realize there's a number of things that can affect your premiums besides just the base rate. In our case we have two individuals that are nonsmokers, we were under 50 when we first established the policy, neither one of us had any kind of severe health conditions, underlying conditions, okay? That same is true today. So, again, we have apples to apples.

When the policy became effective in 2012 this is--I want to make this very clear. This is a catastrophic policy, okay? This is pretty much kind of a bare-bones policy, as I'm sure you guys--everyone in this room knows what a catastrophic policy is.

It's a bare-bones policy. It does give us the benefit of when we go to a doctor, there are obviously negotiated rates between Golden Rule and whatever--whoever the provider is. So that way we're not paying full-boat retail prices, so to speak, when

you make an office visit or you have a procedure done. So we have that as a benefit, okay? Plus we have the peace of mind if something catastrophic would happen to one of us, we don't lose the farm, our house, everything we own. Okay.

In 2012 when we opened--when this became effective, our premium was \$223.67 per month, okay? So we're talking about 12 years ago that was the premium.

In front of me I have documents--again, these either show proposed rate increases, or after the fact, that they were approved by the Commissioner, whoever the Commissioner was at the time, and "Here's what your new premium is."

I have one--I didn't go quite back to the beginning but I have one here from 2015, I have one here from 2016, I have one here from 2017, I have one here from 2018, I have one here from 2019. I don't show one for 2020 but I have one from 2021, I have the proposals for 2022, I have the proposal for 2023, I have the proposal for 2024. Hopefully you can kind of see the point I'm trying to get at is this has almost been an annual event, has been Golden Rule trying to increase the premiums.

And it wouldn't be so bad if they were,

like, 3 percent, 5 percent increases. In fact--I'm almost a life-long residence here in the State of Iowa. I can remember 15, 20 years ago where if Blue Cross and Blue Shield, which was the major health care provider in the state at that time--I'm not sure that's any longer the case--but if there was, like, a 5 percent increase, people went ballistic and I'm sure there would have been more than just me sitting on this side of the table, okay? This room would have been full of people and those were 5 percent, 6 percent increases.

I'm a little shocked and somewhat saddened to see that I'm the only person here that brought some documentation with me to show you how bad, how out of control this has become on these rate increases. I would have expected half this room, if not more, to be filled with people here.

In 2018 our premium increased--this is 2018. So what are we talking? I mean, this is six years ago. It was \$334.94 a month. It increased, it was approved by the Commissioner--I'm not sure who the Commissioner was at the time--our payment went to 421.80. That was a 27 percent increase. That was approved by the Iowa Insurance Commissioner, 27 percent.

Our current rate, which just went up again this year, was \$813.59. Next month, because the Insurance Commissioner has approved the rate increase from last year that was proposed by Golden Rule, so it's now going from 813.59 a month to 883.71 a month, okay? And we're here today again for another increase which was proposed at 16--what was it? 16.6 percent? You said something around 12? Was it around 12 percent?

MS. SELLMEYER: 12.3.

MR. JIM JANDIK: But, again, these are annual increases that we're seeing. So you've got a policy here from 2012 when it was established that was at 200- and-some dollars--at \$223 a month, okay? And you're looking at a proposal to put this thing over a thousand dollars.

Do you guys realize you're looking at more than a four-time increase in 12 years, a four-time increase? Percentagewise, what is that? That's over 200 percent increase. So if you took that 200 percent and divided it by 12 years, you're going to get a big number that the Commissioner has approved since this policy was first established in 2012.

And I'd like to make a comment from my personal experience--I mean, it gets even more

disappointing to me and even more frustrating that in my personal experience and the experience of people that are friends of ours, family members of ours, health care in the state has not improved since 2012. If anything, it's taken a considerable nosedive and I would say especially in emergency services.

So we are essentially getting less quality care, again, especially for emergency services, things--either emergency rooms or if you have to have some type of surgery done, we're receiving less quality of care and we're paying hundreds of percent more for less quality of care. And to me--I mean, it's working on us on both ends. Not only are we getting less quality of care, but we're paying more money for it.

It's kind of like the same scenario, you know, when you go to the grocery store now and you do buy something and the box maybe looks the same size but there's less--there's less per weight in that box and they charge you more money for it. It's sort of the same sort of--the same sort of thing to me, that we're paying more money for a lesser quality service.

Now, that's not necessarily Golden Rule's fault, okay? That has to do with our medical providers here in the State of Iowa, okay? So I'll

make that clear. That's obviously not a ding on Golden Rule.

But I'm not sure how in our pool here it can be justified that you've seen an over four times increase in 12 years. I mean, just--and if I go back again to 2018, 2019, five years, six years ago, you're talking we were less than half this amount on our payments, you know, 300, 400 dollars a month, and here we're discussing--or I'm looking at a thousand dollars per month for a catastrophic plan, right?

Not a Cadillac plan.

So I guess I just want to express my frustration with Golden Rule on I don't know how these numbers are manipulated or if Golden Rule provides you with a detailed analysis of the pool of people, those whatever-thousand people that are still on this plan that shows definitively, "Well, look how much it's costing, you know, for us to provide coverage for those thousand people." I mean, I'd be interested in seeing the data myself, if that's available, to see if it justifies what the payment increases are on these plans.

COMMISSIONER OMMEN: Thank you for your comment. You know, I want to make sure there's no one else wanting to make comments.

Are there any other individuals who wish to offer comment?

(No response.)

COMMISSIONER OMMEN: Normally, sir, I'd hold my comments about this proceeding until after we go though all of them, but I'm not going to in this case.

First of all, thank you very, very much for being here today. And I can just share with you I share your frustrations, all of your frustrations.

I've served as Commissioner since 2017.

Before then I served as a Deputy beginning in 2013.

So as a Deputy and now as Commissioner I have watched the changes in the health insurance market. I was here in 2017 as Commissioner when we filed for relief with the Federal Government in order to get some relief from Federal requirements surrounding the changes that we were seeing in our collapsing market.

In one year, in one year I was presiding over this hearing and frankly there were probably about--there were well over a hundred people in this room expressing concern about requests that were pretty much across the market that were 100 percent increases. 100 percent increases in one year because of the fact that the Affordable Care Act was imposing all of these additional requirements both on carriers

in terms of coverage requirements, as well as requirements concerning how it is that they were to be funded. And all of the obligations that have been made by the Federal Government were not being met and it practically collapsed our market. And so I did preside over hearings where I approved 100 percent increases in rates because of Federal Government requirements.

What we're seeing now is something a little different. For you and the market that you're in is we're seeing a collapse, frankly, some would call it a death spiral, in the transition market. And what that means is that as the number of participants contract, the expenses don't really change for the company. That is all of the expenses associated with administering a policy pool is going to be about the same.

So every time that policy group contracts, whether it's 1,700 down to about a thousand, those costs are then going to be spread across those who remain in that pool.

In addition to that frustration I also saw with the--what was called the American Rescue Plan where they increased all of the subsidies for the Affordable Care Act coverage plan. They didn't make

any of that subsidy relief available for people like yourself who are in good health and selected major medical coverage because that works for you. They only made that available for the plans that are in the Affordable Care Act which provide, you know, very much--much larger, more comprehensive coverage, although even those plans, the bronze plans, and some of the other plans there, they still had some really high gaps in terms of protection for American families.

But the point of that is that the subsidies were only made available so, as Ms. Sellmeyer commented, what that has done is those people don't recognize the cost of their premiums because those premiums could be in the thousands and thousands of dollars, yet because of the subsidy structure under the APTCs, or those Advance Premium Tax Credits, you're only experiencing maybe \$80 a month.

So their actual premiums are far above what you're paying for your medical--major medical but those individual families are experiencing much less impact than that because they've chosen to go into those plans where you have chosen to stay in these transition plans.

So I share your frustration but I want to

assure you that since I've been Commissioner in 2017, I've carefully looked at what the requests have been and the reality is it's very intentional in the Government structure, at the Federal level, to essentially eliminate these transition plans. You know, here I am in a public meeting, I've said this publically on other occasions, but that's the intent because new lives, new people can't join your pool. So you're now in a pool of a thousand. The insurance company, through no fault of their own, they can't add young healthy family members to that plan.

So what you will continue to see, unfortunately, is increases in those plans. And my responsibility, again, is to look at the plan, look at the pool, that's what the law is that's imposed upon me to evaluate the expenses associated with it, as well as the costs in terms of the outlay. And even if you personally are healthy and haven't had any claims, you are being asked to bear the expenses associated with administering those plans.

So, again, I want to thank you for being here today and I want to also express to you I share, I deeply share your frustration. In 2017 I was leaving this meeting in tears because I saw the impact on Iowa families and Iowa farmers as they were

being really squeezed out of these transition plans and these are good--these grandfathered plans are good plans that cover the needs. It's the Federal Government that doesn't allow me, as your Commissioner, to make these plans available to you.

MR. JIM JANDIK: Would it be okay if I made one additional comment?

COMMISSIONER OMMEN: Please do.

MR. JIM JANDIK: Thank you for your response, too. I very much appreciate that.

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I probably should have also stated on this that this policy that we have is an HSA. I was self-employed and so a hundred percent of the numbers I gave you for our premiums were out of our pocket. We just--there was no employer--I mean, I was my own employer, so I'm essentially--I paid these, right, as my own employer.

My additional comment I'd like to make is that I'm sure you're well aware that Golden Rule is basically administered by United Healthcare, the largest, if not, the second largest health care provider in Iowa and the United States, okay? So I understand the fixed cost when you have the dwindling pool of a thousand people plus or minus a few that are still part of this--these old grandfathered

policies. And these are actually good for the coverage you get on these policies, they actually have very good coverage, okay?

I guess part of what I'd like to hear from Golden Rule is because you're administered by United Healthcare and United Healthcare is one of the big boys in the health insurance market, those rates that are negotiated with the doctors for whatever procedure it is, with hospitals for whatever the per night room stay is, okay, if you're held over after surgery, those are all negotiated, okay?

As a powerful insurance company, I would think those rates should be the same for us under-the few of us still under this Golden Rule policy. I don't understand how that would be any different. I don't care if there's 50 people in this or 50,000 people in this. You have the power of United Healthcare behind Golden Rule.

So when these things are negotiated, I guess I don't understand, as somebody that's been involved in marketing and sales and presentations, things like that before, I guess I don't understand how those costs are any different for that pool of a thousand people, like somehow Mercy Hospital or--let's just take Mercy Hospital for example, how United Healthcare

is not negotiating the same price for the people under the Golden Rule policy as what they would for a United Healthcare customer.

Hopefully you understand the point I'm trying to get at. Those costs to me seem like they should be all fixed costs, here's what they're negotiated at. There shouldn't be any percentage increase, or whatever percentage increase shouldn't be abnormally higher reflected in these old Golden Rule or grandfathered policies than somebody that holds a current UHC policy. Can somebody explain that to me a little bit?

COMMISSIONER OMMEN: Sure. Reimbursement to the providers is not going to vary significantly depending upon, you know, which pool you're in. What is determining the expense associated with a particular pool is the administration costs by the insurance company.

And then in addition to that, there's the evaluation, which we can make all of the actuarial findings available to you for your review. But in that, within each individual pool, they're going to look at the experience, both the past experience as well as to some degree the projected expected losses associated with that pool that remains. So by law

it's going to have to be priced based upon what the expectation is in terms of losses associated with the thousand people that remain in it.

It's going to be an aging pool and the reason to some degree it's diminishing in numbers is some people are probably opting out, but some are also moving into Medicare and other types of coverage and so those individuals are coming out of that pool.

But overall, because new young lives cannot be admitted into that pool, we're required to review just the pool. And, frankly, as long as they want to maintain that transition pool, Golden Rule is required, again, to treat that pool separately in terms of evaluation of risk and actuarial projection.

So that is, frankly, what you're experiencing. You're experiencing, you know, the general cost, which we referenced as--help me, Sonya. Was it 6.--it was only--is it 5.6 this year?

MS. SELLMEYER: Yes, 5.6.

COMMISSIONER OMMEN: The general increase in costs that you're referring to in terms of provider costs as been calculated by the Federal Government as being at 5.6 percent which, frankly, if you look at overall inflation is not dramatic. That is--I would offer to you that is what is not impacting the rates

in this pool. These transition/grandfathered plans--transition and grandfathered plans, they are really stuck with the insurance companies are not able to add additional younger lives, healthier lives to that pool.

We are seeing, of course--as we see these transition plans reduce in numbers, we're seeing a corresponding increase in those individuals in Iowa that are participating in the individual ACA market where all of those tax subsidies are available. And so the rough numbers in terms of the participation in the individual market is relatively constant but we are seeing people migrate out of those transition plans.

And as I said earlier, I'm frustrated by all of this. My frustration is not going to improve the situation because the law is the law--

MR. JIM JANDIK: Sure.

COMMISSIONER OMMEN: --and we're sort of in that situation where the Federal Government has made these policy decisions and we're being asked to implement them.

MR. JIM JANDIK: So in our situation we're kind of between a rock and a hard place, so to speak, because both of us are retired. We don't have any

potential or availability of an employer-sponsored plan available to us, okay?

So we did take retirement early. So in order to have insurance--and we're not old enough yet to realize Medicare, so we're kind of in that gap right there from an age standpoint that I have to have some sort of an HSA account. You know, whether--I have to do some additional research or perhaps you could help me or you could help me with here's some alternatives you could look at, you know, if you wanted to do this under an HSA umbrella, here's some other options available to you to look into, at least.

But just so you understand, you know, for people like me--I mean, maybe I'm a very small segment of our population because, you know, I retired before I was 60. But, again, I have to have some sort of--you know, I think it's just prudent--well, it was required by law, I believe it still is required by law, although there's no penalty for not having insurance any longer. But just--it's kind of like not having homeowner's insurance. You really take your chances these days and you know what the weather has been like in this state in the last few years.

1 I mean, it's one of those risk things. How 2 much risk are you willing to take on a really big 3 catastrophic event happening to you, whether it's 4 health-wise or whether it's your property in this 5 state. I mean, I think that's all insurance is. 6 Everyone in this room can agree it's risk management. 7 That's the bottom line of any insurance is risk 8 management. So... 9 COMMISSIONER OMMEN: Again, sir, I'd be 10 honored to stay after to have further conversation 11 with you. But I just--again, you made the trip here 12 and, frankly, I don't think we had any witnesses come 13 last year. To your point, I think what's happened is 14 there's this sort of sense of, like, well it is what 15 it is, and that's unfortunate because I do value your 16 input. So thank you for being here--17 MR. JIM JANDIK: Thank you. 18 COMMISSIONER OMMEN: --but happy to stay 19 after if you'd like to have further conversation. 20 With that, are there any other individuals 21 appearing on behalf of the proposed increase by 22 Golden Rule? 23 (No response.) 24 COMMISSIONER OMMEN: All right. Hearing

none, Ms. Sellmeyer, let's move to Wellmark,

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Incorporated.

MS. SELLMEYER: Okay. Wellmark,

Incorporated, has proposed a 7 percent average

increase for their pre-ACA grandfathered and

transitional blocks of business. The proposal covers

all benefit plans with some plans receiving 5.5

percent and others receiving 8.6 percent. This

proposal covers around 2,400-and-a-half lives.

COMMISSIONER OMMEN: No. 24,000.

MS. SELLMEYER: 24,500--I need to put my glasses on--24,500 Iowa lives. The average premium increase is around \$43 a month. That would be \$656 is the average projected premium for 2025, less the 613, which is the current average premium. This is the average based upon all members, all age groups, all benefit plans, all geographical regions.

I have received 20 comments from policyholders and members of the public. Like most, they are subject to rate increases and they focus on affordability. The most simple comment was "Please do not let such a large increase take place," and I think, actually, that probably says it all for all 20 comments.

That ends the testimony from the Consumer Advocate.

1	COMMISSIONER OMMEN: All right. With that,
2	are there any individuals present in the hearing room
3	that wish tomembers of the public who wish to offer
4	comment concerning the proposed increase by Wellmark,
5	Incorporated?
6	(No response.)
7	COMMISSIONER OMMEN: Are there any
8	individuals online who wish to offer comment or
9	testimony concerning the impact of this proposed
10	increase by Wellmark?
11	MR. ROBINSON: We do have one.
12	COMMISSIONER OMMEN: Please, if you would,
13	makegive them the microphone.
14	MR. ROBINSON: He is live.
15	Steve?
16	COMMISSIONER OMMEN: Sir?
17	MR. STEVE STEFFEN: Can you hear me?
18	COMMISSIONER OMMEN: Yes. If you could
19	identify yourself for the record that would be
20	appreciated. Thank you.
21	MR. STEVE STEFFEN: My name is Steve
22	Steffen.
23	COMMISSIONER OMMEN: Please proceed, sir.
24	MR. STEVE STEFFEN: Similar to the other
25	gentleman in the room there, I'm a self-employed

individual that has had a similar HSA, what you call a transitional plan here, since 2009 and it's been a yearly--it's the same scenario. It's been a year-over- year increase which amounts in my case, from the timeline I initiated the policy in 2009 until this, you know, 2025 proposed--I'm on the 8.6 percent increase side, 8.6 percent. And since inception my policy has increased 430 percent on a monthly premium.

And I understand from an insurance standpoint how it all works, but I think a lot of the issues I've seen and noticed in the market itself is the insurance company is trying to cover costs. So where are the costs coming from? The costs are coming from the medical system.

So there's just--the problem with the medical system and specifically the pharmaceutical industry is they're a for-profit business and there's nobody controlling their costs and there's nobody controlling what products they provide, I guess. So in terms of the pharmaceutical industry, especially, I mean, they're not providing--there's no incentive for them to provide a product for wellness. It's antithetical to their business, is the way I look at it.

So somebody needs to control costs because that's where all these increases are coming from, are from increased costs. And I don't see anywhere where there's any type of cost control in the medical system or any incentive for actual wellness.

I don't really consider our medical system as health care because it doesn't have an incentive for wellness. It's actually quite the opposite.

So like I say, I know the insurance companies themselves have increased administrative costs just due to inflation and rising wages and inflation and that type of thing, but I don't think we need to see 430 percent inflation in our medical system because that's where the costs are coming from and that's what the costs the insurance companies are trying to cover.

And I, too--I'm not from a small pool like the other gentleman in the room is. I mean, I'm on this Wellmark plan that has 24,000 people in it versus his thousand people in the Golden Rule plan, but it's the same type of scenario where there's just out-of-control costs. What do we have to do to get the costs under control is my question.

COMMISSIONER OMMEN: Thank you for your comment. I will offer a couple--first of all, in

today's meeting I couldn't go through all of the provisions that are in the Affordable Care Act that are impacting costs, but I'll just mention one, and that is historically states were allowed to allow insurance companies to do what's, you know, called underwriting. That is, there was a design within the insurance system to allow insurance companies to look at health behavior and provide discounts at different rates depending on identified characteristics associated with healthy behavior.

Under the Federal system, that's really no longer allowed. Smoking is one factor that can be considered, but very little else can be considered because under the Federal law, what was described as preexisting conditions cannot be part of underwriting.

There's a policy behind that, there's a social reason for that, but that has had an impact in allowing states to design regulatory authority so that insurance companies could have motivations within their systems to encourage healthier behavior.

To your point of--the other comment I'll make in response is to your point of drug-related costs. There are movements across the country to increase state regulation of the drug distribution

system, but ultimately a lot of the cost containment
that you're sort of referring to is not regulatory in
nature, it's really designed based upon market
concepts and there are a lot of concerns about how
that is working.

In the State of Iowa, with regards to

pharmaceutical benefit managers, our legislature last year passed additional regulatory authority and provided it to the Insurance Division in order to better monitor and, therefore, try to regulate some of the distribution costs associated with the pharmacy business--pharmaceutical business.

But, again, I appreciate your comments.

Thank you very much. Again, I thank you for speaking up on this really important issue.

With that, are there any other comments--please, sir, go ahead.

MR. STEVE STEFFEN: Could I make one further comment, Commissioner?

COMMISSIONER OMMEN: Yes, Steve, you may.

MR. STEVE STEFFEN: I was on the same--in the same meeting a couple years ago talking about the same things and at that same time there was an advocacy group that was advocating for Medicare for all, and that type of system is just playing into the

1 hands of the current medical and pharmaceutical 2 system because since they're unregulated and 3 unmonitored and nobody's controlling their costs, 4 that they put everybody on a Government single-payor 5 system, it's just going to get that much further out 6 of control and the costs are just going to get that 7 much further unbearable and it's going to be beared 8 on all the taxpayers.

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So I guess my point is, if there's anybody from the advocacy group on the call or in the meeting here, I think the focus needs to change from Medicare for all to just getting cost control of the current system because in my mind that's where the issue lies, is there's uncontrolled costs.

So I guess that's just--I was just trying to put that out there if there's anybody from the advocacy group here.

COMMISSIONER OMMEN: Okay. Thank you. Thank you, sir.

MS. BUTENHOFF: Commissioner, before you start, we're going to have to restart the meeting one more time, so--before you respond, we're just going to have to start it one more time.

COMMISSIONER OMMEN: That's fine.

All right. So what we're going to do, and ${\bf I}$

apologize for those individuals who have joined us, 1 2 please join us again. Due to the arrangement, we're 3 going to need to stand in recess and reconnect. 4 Thank you. 5 (Short recess.) 6 COMMISSIONER OMMEN: Craig, if you could 7 advise me as to when all of the attendees have 8 rejoined. 9 MR. ROBINSON: We're good and our next 10 question is Kari. COMMISSIONER OMMEN: Who? Who is the next? 11 12 MS. SELLMEYER: Kari. 13 MS. KARI ELBERT: Yes. It's Kari. 14 MR. ROBINSON: Oh, I'm sorry. 15 MS. KARI ELBERT: It's okay. 16 COMMISSIONER OMMEN: Thank you, Kari, for 17 being here. Please could you identify yourself by 18 first and last name and then with that you may offer 19 your comment, please. 20 MS. KARI ELBERT: My name is Kari Elbert and 21 I am self-employed and it's to the point now where 22 I'm practically working just to pay for my health 23 insurance. I'm a young--I can't say healthy. I

ended up having third-stage endometrial cancer

diagnosis the U of I diagnosed me with. I had a

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hysterectomy and I'm alive now because I did some holistic healing using Insulin Potentiation Therapy, IPT.

I know you're not the medical board but there's something wrong that I could not get that therapy done in the State of Iowa. I had to go to Arizona and I found out--thank God I called Wellmark several times because I wanted to find out what I actually had coverage for. What am I paying nearly \$700 a month for?

It's just crazy. I was told, you know, you got your deductible, you know, just don't worry about it. Well, thank God I called again to find out that anything I was going to get done in Arizona was not going to be covered. And before you get chemo treatments, it doesn't matter, you know, if--you need to have a blood test. And I had no idea that I wasn't going to get any insurance coverage for these blood tests that we had to do. Like three a week I had to have.

So I almost--you know, I had to dig into my husband's annuity. Thank God he was over 65 and we weren't getting dinged on it. And then, get this, I had to pay for my PET scan out of my own pocket in Gilbert, Arizona. It cost me 1,050 out of my own

pocket because I had to pay with a credit card. I literally paid for all of this that Wellmark would not cover.

And then I have--I'm, like, okay, I'm flying back to Iowa because I'm going to get my blood tests covered by my insurance, dang it. I pay almost \$700 a month for it.

So I go--I go to my local hospital and I get these blood tests and, yeah, it's covered by my insurance. And then I need to get a PET scan because you need to get PET scans every three months after you've had treatments. It was \$9,000. That's what my--thank God I didn't have to pay for that out of my own pocket.

That's ridiculous. Arizona it cost me a 1,050. At my hospital in my own home state over nine grand. So I've spent a lot of time talking to Wellmark customer service people because I didn't trust the one caller--the one customer service person that told me "Yeah. It's okay." And then, thank God, I called another one and she informed me "You do not have out-of-state coverage."

So now let's move on to the pharmacy. I can totally relate to what you're talking about, Steve.

I had to go on lovely Xarelto--you get blood clots

when you go through chemotherapy--and I had to--it was over \$250 a month once I showed my insurance card. That's still insane. \$250 for Xarelto.

So now I have to be on a different antibiotic every now and then because I have some issues and it was over \$2,000 for this antibiotic they wanted--that I was prescribed to take and Hy-Vee did not believe that I was actually going to pay the--they got the price down to \$1,600 and I've been miserable and I needed to be on this antibiotic. Hy-Vee wasn't going to fill it because they couldn't believe somebody was going to pay \$1,600 for a 14-day prescription.

So get this: I thought, "Okay. Fine. I have some deductible. I need--I'm going to reach my deductible." They would not let me apply the discount that Hy-Vee had given me. They got the price down to \$1,200 for me and then they wouldn't--and Wellmark wouldn't let me apply it to my deductible because they'd given me a discount. You know those discounts like Good RX and all of that.

So I don't see how I can afford anything more. It's a struggle to pay this. It's insane. It's just me. It's not my husband on it with me. He's retired now so he's on Medicare. I'm just

praying that I can still, you know, stay self-employed, which I have been self-employed for over 20 years. It's just insane.

So that's--that's my story and I'm sure I'm not the only one.

COMMISSIONER OMMEN: Thank you, Kari. I assure you, you are not the only one.

Any other comments from individuals with regards to the proposed increase by Wellmark, Incorporated?

(No response.)

COMMISSIONER OMMEN: All right. Hearing none, we will move to the proposed increase by Wellmark Health Plan of Iowa.

Ms. Sellmeyer.

MS. SELLMEYER: Wellmark Health Plan of Iowa has proposed an 8.3 average rate increase for their pre-ACA grandfathered and transitional blocks of business. The proposal covers all benefit plans with some plans receiving 5.5 percent and others receiving 8.6. This proposal covers around 500 Iowa lives.

The average premium increase is around \$31 a month. \$407 is the average projected premium less 376 for the current average premium. This is an average based upon all members, all age groups,

benefit plans, geographical regions.

The Commissioner will review this rate increase proposal after considering public input from the hearing along with the internal team's recommendation and the consultant's final report.

The consumer advocate has received zero comments from policyholders and members of the public with regard to this increase for Wellmark Health Plan of Iowa. Please note, though, that some Wellmark comments did not discern which company they were referring to so I did place them all under Wellmark, Incorporated, for sense of ease.

In summary, the average premium increase before Federal subsidies is approximately \$31 a month. This is an average based upon all members, age groups, benefit plans, geographical regions.

The comments received have been posted as of August 5th and have been included in this testimony report as required by Iowa Code, Section 505.19(3). However, comments may continue to be received until the Commissioner makes a final decision on the proposed rate increase. Any additional comments received before the Commissioner's decision but after the presentation of the testimony today will be recorded on the public rate hearing website through

the Iowa Insurance Division. 1 2 That concludes my testimony with regard to 3 Wellmark Health Plan of Iowa. 4 COMMISSIONER OMMEN: All right. Thank you, 5 Ms. Sellmeyer. 6 Are there any individuals who appeared 7 online who have comments specifically with regards to the Wellmark Health Plan of Iowa increase which also 8 9 is a pre-Affordable Care Act plan? 10 (No response.) 11 COMMISSIONER OMMEN: All right. Hearing no 12 individuals, Ms. Sellmeyer, do you have any closing 13 comments that you wish to offer? 14 MS. SELLMEYER: No, I don't, Commissioner. 15 Thank you. 16 COMMISSIONER OMMEN: All right. So my 17 intent is to keep the record open until such time as 18 I actually issue a decision on these. 19 Ms. Sellmeyer, do we have some process by which 20 consumers can continue to offer comments concerning 21 these increases? 22 MS. SELLMEYER: Yes, Commissioner. They can 23 go to our website and there are directions on there.

There's several different methods in which they can

place their comments that would get directly to me

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and then be, in turn, placed on the Iowa Insurance Division website for all public viewing.

COMMISSIONER OMMEN: Now, in the past--when I say "in the past," I'm talking about for at least the last three years, as I've gone through this I've included in my decision additional information concerning what we see as a migration or a transition of people out of the grandfathered/transition plans into the Affordable--the ACA market.

Is that information available that we could put it on the website related to this meeting today? Again, so for individuals that are trying to understand why it is that these rates keep changing, you know, we could provide some information and post that.

Remind me again how it is that this information is available through our website, that is the information concerning the hearing, the notice of that hearing, and, again, ultimately where any decision, final decision concerning rates will be found.

MS. SELLMEYER: Yes, Commissioner, that insurance--that information can be added to our website. If you Google Iowa Insurance Division our website will come right up. Up at the top there is a

link for legal. Go to that. And then underneath data there is information that says Health Rate Increase Hearing Information. You can always call me, too, and I can help walk you through that and how to get to that. My direct number is 515-654-6538.

Again, that's 515-654-6538.

COMMISSIONER OMMEN: So as the Consumer Advocate I would ask that you post that additional information now, although I know it's being readied by the health actuary, but post that before any decision, again, because that may assist people as they're trying to evaluate and offer comments.

Again, I know my final--I can't remember exactly what my date is for going through the actuarial materials and making a final decision, so could you remind me today as to when that might be due?

MS. SELLMEYER: I do not recall off the top of my head. I will have to look at our chart that we have.

COMMISSIONER OMMEN: Just for those that are in attendance today, I mean, the process here is that I go through my actuarial review, make my decision, which then has to be submitted to the Federal Government because it's the Federal Government at CMS

that ultimately is in the position to basically do final clearance on these reviews.

But, again, for those in attendance I give you my assurance we'll make as much available to you as we have, including information concerning the actuarial reviews. Those are materials--they're a little bit dense but, frankly, practicality and common sense can kind of help you better understand what it is that we're confronted with because, I mean, the reality is I see this every year. From time to time I will see a rate increase request that exceeds that 5.--this year 5.6 percent increase on the ACA plans, but those numbers are much larger now. And so as those pools have grown, they have stabilized further.

And so, again, with great frustration for people that elect to have a major medical plan or maybe something that doesn't meet all the essential health benefits that are required by the Affordable Care Act, these plans are no longer available.

In the group market, you know, if it's an employer group, there are new lives that are able to join it. Maybe don't make that well-known to the Federal Government. But the reality is, those group plans, if they're pre-ACA, are a little bit more

1 stable because new employers--new employees are able 2 to join. But the individual market is really 3 stressed. 4 And, frankly, I appreciate -- I don't know if 5 Golden Rule or Wellmark representatives are on the 6 line but, you know, personally I appreciate the 7 efforts that they have made to keep these plans in 8 the market because, you know, as we've heard again 9 today, they have served, despite these increases, 10 which are frustrating, they have provided coverage as 11 an alternative to the mandated requirements of the 12 Federal plans. 13 So with that and hearing no further 14 indication that others wish to offer comment, we can 15 go off the record. 16 Again, thank you very much for being here 17 tonight. 18 We are off the record. 19 (Proceedings concluded at 6:07 p.m.) 20 21 22 23 24 25

CERTIFICATE

I, the undersigned, a Certified Shorthand
Reporter of the State of Iowa, do hereby certify that
I acted as the official court reporter at the hearing
in the above-entitled matter at the time and place
indicated;

That I took in shorthand all of the proceedings had at the said time and place and that said shorthand notes were reduced to typewriting under my direction and supervision, and that the foregoing typewritten pages are a full and complete transcript of the shorthand notes so taken.

Dated at Des Moines, Iowa, this 15th day of August, 2024.

CERTIFIED SHORTHAND REPORTER

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