

## Scope and Range of the Rate Increase

This is the Part II preliminary justification for Health Alliance Midwest's small group comprehensive medical rate increase effective January 1, 2021.

This justification is intended to comply with the requirements of Section 2794 of the Public Health Service Act as added by Section 1003 of the Patient Protection and Affordable Care Act. This justification may not be appropriate for purposes or scopes beyond those described above and, therefore, should not be used for other purposes.

We are requesting a 19.1% average rate increase on our current ACA members. Sixteen of our seventeen renewing plans are receiving an increase in excess of 15.0%. Plan 77638IA0070045 is receiving the largest increase with a 22.8% change. Plan 77638IA0070049 is renewing with the lowest rate change of 11.6%. As of March 2020, we have 26 active members that will be affected by these increases.

## Financial Experience of the Product

To form a credible base on which to develop our 2021 Iowa premium rates, we used our Health Alliance Medical Plans (HAMP) 2019 Illinois small group non-grandfathered experience and adjusted for anticipated cost, provider reimbursement, morbidity, and utilization differences.

While not used to set our premium rates, our last calendar three years of Iowa experience is as follows. After risk adjustment program transfers, our cumulative experience shows that we are paying out 117% of the premium we are taking in for just claims and risk adjustment.

	Member	Earned	Incurred		Risk Adj	RA
Year	Months	Premium	Claims	MLR	Transfer	MLR
2017	516	161,674	105,975	65.5%	(34,436)	83.3%
2018	435	178,216	206,385	115.8%	(30,427)	139.6%
2019	300	143,354	139,727	97.5%	(32,073)	125.6%
<b>Total</b>	<b>1,251</b>	<b>483,243</b>	<b>452,087</b>	<b>93.6%</b>	<b>(96,936)</b>	<b>117.0%</b>

## Impact of the 3Rs on Iowa Experience

For 2019, we are projecting that we will pay \$32,000 into the risk adjustment program. Since our 2019 ACA annual premium was only \$143,354, this will have a significant impact on our final Iowa ACA financial results.

## Changes in Medical Service Costs

We are using an annual trend of 5.8% to project our 2019 allowed claims experience forward to 2021. This trend is estimated based on internal data and published industry trend studies and includes medical and prescription drug unit cost changes as well as changes in utilization.

## Changes in Benefits

There were no changes to our covered benefits for 2021. There may be changes to out-of-pocket limits on some plans which were needed to comply with updated ACA plan requirements.

### **Administration and Profit Assumptions**

Our estimate for non-benefit costs has decreased by \$10.87 PMPM from our January 2020 filing. The primary reason for this decrease is the termination of the Health Insurer Fee.

### **Summary**

The overall impact of this rate change results in our projecting a loss ratio of 86.5% using the methodology prescribed for calculation of the federal ACA loss ratio.

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**Overview**

This document contains the Part III Actuarial Memorandum for Health Alliance Midwest, Inc.'s (HAMI's) small group comprehensive medical block of business, effective January 1, 2021. These revised small group rates are guaranteed through December 31, 2021. All products are only offered off of the SHOP. This Actuarial Memorandum is submitted in conjunction with the Part I Unified Rate Review Template (URRT).

The purpose of the Actuarial Memorandum is to provide certain information related to the submission of premium rate filings, including support for the values entered in the Part I URRT, which supports compliance with the market rating rules and reasonableness of applicable rate increases. This memorandum may not be appropriate for other purposes.

The information in this Actuarial Memorandum is intended for use by the Iowa Department of Insurance, the Center for Consumer Information and Insurance Oversight (CCIIO), and their subcontractors to assist in the review of this small group rate filing. However, we recognize that this certification may become a public document. The results included in this rate filing are actuarial projections. Actual experience will differ for a number of reasons including, but not necessarily limited to, population changes, claims experience, and random deviations from assumptions.

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**I. General Information**

Company Identifying Information

Company Legal Name: Health Alliance Midwest, Inc.  
State: Iowa  
HIOS Issuer ID: 77638  
Market: Small Group  
Effective Date: January 1, 2021

Company Contact Information

Primary Contact Name: Brandie DeLahr  
Primary Contact Telephone Number: (217)902-9142  
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**II. Proposed Rate Changes**

The purpose of this filing is to file our proposed Health Alliance Midwest, Inc. (HAMI) small group ACA rates effective for the period January 1, 2021 through December 31, 2021. For 2021, we are renewing 17 plans and adding 1 new plan. The experience basis, benefit plans, rating factors, and other projection assumptions were updated for this filing.

Our 2021 renewal plans include copay and other benefit changes from their existing 2020 plans to comply with changes in the most recent AV Calculator.

Premium rates were developed using our Health Alliance Medical Plans (HAMP) 2019 Illinois small group non-grandfathered experience. Starting with this 2019 Illinois base experience, a number of items were considered when developing the premium rates, including but not necessarily limited to the following:

- Projected morbidity level of the population anticipated to purchase products,
- Projected differences in provider reimbursement levels,
- Proposed benefit plan designs,
- Anticipated risk adjustment payments or receipts,
- Medical and prescription drug inflation,
- Changes in benefit utilization, and
- Administrative costs, taxes, and fees including those under the ACA.

The requested composite 12-month rate change for renewing plans, as calculated in the URRT, is a [REDACTED]. Exhibit 1 shows our requested rate changes by plan. The maximum renewing plan change of a [REDACTED] occurs for members on plan 77638IA0070045.

Reason for Rate Change

The following are the primary considerations that went into the determination of our 2021 proposed rate change:

- Base Experience – HAMP’s 2019 non-grandfathered Illinois Small Group experience forms the basis for HAMI’s 2021 premium rates. Section VI discusses the adjustments made to this data in developing the manual rate used in the premium rate development.

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- Trend – A [REDACTED] annualized allowed claim trend assumption was used to project HAMP Illinois small group allowed claims from 2019 to 2021. This assumption includes medical and drug unit cost inflation and changes in utilization. Our paid claim trend, or insurance trend, which includes leveraging of fixed benefits is [REDACTED] and is used in setting the quarterly premiums rates for the 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> quarters.
- Risk Adjustment – We adjust the starting 2019 base experience for risk adjustment program transfer amounts to move our single risk pool morbidity cost to the statewide average.
- Provider Contract Changes – We adjust for provider reimbursement differences between our IL experience period data and our IA marketing area.
- Administrative costs, taxes and fees, profit and risk loads – Our total retention decreased from [REDACTED] PMPM from our January 2020 filing to [REDACTED] PMPM for this filing period. This decrease is due primarily to the discontinuation of the Health Insurer Fee.
- Other Factors – Other factors include changes in plan benefits, plan design behavior factors, and pricing model updates. These changes are applied at the benefit plan level resulting in different rate changes by plan and product.

Table 1 below shows the rating factors and calculation of the average [REDACTED]. Adjustments to the base experience shown in this exhibit are also included on Exhibits 2 and 3 and are explained in Section VI below.

Table 1 - Redacted

### **III. Market Experience**

HAMP is a managed care organization contracting with providers and networks to provide medical and pharmacy care to its members. We contract with a few providers on a capitated basis but contract primarily on a fee-for-service basis. Our contractual arrangements for capitated services and actual claims for non-capitated services were directly incorporated in the development of the 2021 rates.

#### Claims Paid Through Date

The claims incurred in the experience for both non-capitated and capitated services reflect payments through March 31, 2020.

#### Premiums (net of MLR rebate) in Experience Period

The earned premium reported in Worksheet 1 of the URRT reflects the HAMI non-grandfathered premium for the experience period of calendar year 2019. Our small group loss ratio exceeds the MLR requirement therefore an adjustment for MLR rebates was not included.

#### Allowed and Incurred Claims Incurred During the Experience Period

HAMI's incurred claims represent the sum of two items: 1) fee-for-service claims and 2) prescription drug claims. The allowed claims were provided directly from our claim records. We provided the 2019 claims on a completed basis by using lag development factors for lags across all commercial services. This method estimates the portion of claims that have been paid to date for each incurred month based on past claim lag data, which reflects historic time lags in our medical and prescription drug claim data between the month of service (i.e., the incurred month) and the month of claim processing (i.e., the processed month).

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Table 2 displays a breakdown of the 2019 small group allowed and paid claims:

<b>Table 2</b>		
<b>Health Alliance Midwest, Inc.</b>		
<b>2019 Iowa Small Group NGF Claims</b>		
	<b>Allowed</b>	<b>Paid</b>
Claims Paid through March 2020	803,970	702,654
Incurred But Not Reported (IBNR)	3,740	3,269
<b>Total Claims</b>	<b>807,710</b>	<b>705,923</b>

**IV. Benefit Categories in Worksheet 1, Section II of the URRT**

Our fee-for-service medical claims are included by service category:

- Inpatient Hospital: Includes non-capitated facility services for medical, surgical, maternity, mental health and substance abuse, skilled nursing, and other services provided in an inpatient facility setting and billed by the facility.
- Outpatient Hospital: Includes non-capitated facility services for surgery, emergency room, lab, radiology, therapy, observation and other services provided in an outpatient facility setting and billed by the facility.
- Professional: Includes non-capitated primary care, specialist, therapy, the professional component of laboratory and radiology, and other professional services, other than hospital-based professionals whose payments are included in facility fees.
- Other Medical: Includes non-capitated ambulance, home health care, DME, prosthetics, supplies, vision exams, dental services, and other services. The measurement units for utilization used in this category are a mix of visits, cases, procedures, etc.
- Prescription drugs represent drugs dispensed by a pharmacy. This amount is net of rebates received from drug manufacturers.

**V. Projection Factors Applied to Experience**

While our Iowa non-grandfathered business has 1,027 member months in the experience period, only 300 member months are ACA. For this ACA business, our 2019 risk score is coming in at [REDACTED] the anticipated statewide average based on historic risk adjustment program results. Given the very light volume and the uncertainty of our 2019 risk transfer amount, we are developing our 2021 premium rates using a manual rate methodology discussed below in Section VI.

Trend Factors

Not applicable since we are not projecting IA experience.

Morbidity Adjustment

Not applicable since we are not projecting IA experience.

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Demographic Shift

Not applicable since we are not projecting IA experience.

Plan Design Changes

Not applicable since we are not projecting IA experience.

Other Adjustments

Not applicable since we are not projecting IA experience.

**VI. Manual Rate Adjustments**

We are basing our 2021 premium rates 100% on a manual rate development.

Source and Appropriateness of Experience Data Used

The credibility manual rate PMPM shown in Worksheet 1, Section II of the URRT is based on our 2019 HAMP Illinois small group non-grandfathered experience and developed as shown in Exhibits 2 and 3. Our 2019 Illinois small group experience was adjusted to an ACA basis and then for an estimated 2019 risk adjustment payment to bring experience to the statewide morbidity level. Further adjustments were made for differences in state-specific morbidity, regional cost differences including geographic cost and provider reimbursement levels between this Illinois small group experience and our 2021 Iowa assumptions. Exhibit 2 outlines the factors used to adjust the 2019 Illinois experience to a 2021 manual rate calibrated to Iowa.

HAMP Illinois allowed claims were provided directly from our claim records. We review large claims but do not make a specific adjustment for them since our claims volume is sufficiently large such that this adjustment does not have a material impact on the average allowed claims per member per month (PMPM).

The 2019 claims are on a completed basis using lag development factors for lags across all commercial services. This method estimates the portion of claims that have been paid to date for each incurred month based on past claim lag data, which reflects historic time lags in our medical and prescription drug claim data between the month of service (i.e., the incurred month) and the month of claim processing (i.e., the processed month).

Table 3 displays a breakdown of HAMP's 2019 Illinois small group non-grandfathered allowed and paid claims:

<b>Table 3</b>		
<b>Health Alliance Medical Plans</b>		
<b>2019 Illinois Small Group NGF Claims</b>		
	<b>Allowed</b>	<b>Paid</b>
Claims Paid through March 2020	75,870,616	58,656,042
Incurred But Not Reported (IBNR)	725,469	560,650
<b>Total Claims</b>	<b>76,596,086</b>	<b>59,216,692</b>

Adjustments Made to the Data

This section includes a description of each factor used to adjust the experience of the manual rates and supporting information related to the development of those factors. These adjustments are summarized on Exhibit 2.

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- We remove the transitional experience from our starting 2019 Illinois non-grandfathered experience to get to ACA-only experience. This calculation results in a [REDACTED] and is illustrated in Table 4 below. This is also reflected by [REDACTED] factor on Exhibit 2.

**Table 4**  
**Health Alliance Medical Plans**  
**Adjusting to ACA-Only Basis**

<b>Block</b>	<b>Member Months</b>	<b>Allowed Claims</b>	<b>Allowed PMPM</b>	<b>PMPM Ratio</b>
ACA	58,360	34,082,929	584.01	-0.5%
Non-ACA	72,194	42,513,156	588.87	
<b>Non-Grandfathered</b>	<b>130,554</b>	<b>76,596,086</b>	<b>586.70</b>	

- For 2019, we are expecting a risk adjustment payment, which would have the effect of worsening our ACA results by [REDACTED]. This is reflected by a [REDACTED] factor on Exhibit 2 and adjusts our 2019 experience to the Illinois statewide morbidity level.
- Using CMS's historic risk adjustment program state specific data reports, we develop an estimate of the difference in statewide morbidity from Illinois to Iowa. Using the 2019 interim results and comparisons of prior year's final-to-interim PLRS results, we projected final PLRS estimates for 2019. To develop our adjustment factor, we divided this projected state average PLRS by the respective state average AV and ARF for Illinois and Iowa. The difference in these state results is our assumed difference in statewide risk morbidity between these two states. Our analysis shows Iowa has a [REDACTED] statewide morbidity than Illinois. This work is shown on Exhibit 4 and the resulting factor of [REDACTED] is shown on Exhibit 2. Exhibit 4 also shows the results of historic risk adjustment program reports for comparison purposes only.
- We assuming a [REDACTED] in cost due to the average demographic difference between our HAMP experience period data and our projected 2021 experience. This cost difference is calculated using the ACA prescribed age factors.
- The medical costs in our Iowa service area are comprised of provider charge levels and the discounts we have negotiated with them. To account for this we adjust our 2019 HAMP Illinois allowed claims PMPM for both the difference between the provider reimbursement levels and the average billed charge differences between HAMP's Illinois rating areas and HAMW's Iowa rating areas. Our analysis shows our costs to be [REDACTED] in our Iowa marketing region than in our Illinois marketing region. The resulting factor [REDACTED] is shown on Exhibit 2.
- While there are some negligible EHB differences between Illinois and Iowa, they are very small and difficult to value. We are assuming a net equivalence in our manual rate development as indicated by the 1.000 factor on Exhibit 2.

**Trend Factors**

We reviewed our own experience as well as trend studies published by industry consultants including Segal and Milliman to determine appropriate cost and utilization trend assumptions for our 2021 projections. A 3-year history of our raw allowed trends is shown in the Table 5 below.

Table 5 - Redacted



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Given the consultant study results and that our three-year average is driven up by higher trends from 2018, we are setting our projected allowed trend at [REDACTED] similar to last year. This trend assumption accounts for unit cost inflation as well as anticipated changes in utilization. We are filing quarterly rates based on a [REDACTED] trend each quarter. Our insurance trend includes our allowed trend assumption of [REDACTED] for benefit leveraging.

Table 6 - Redacted

Inclusion of Capitation Payments

Not applicable

**VII. Credibility of Experience**

The CMS guidelines used for Medicare Advantage / Prescription Drug Plans (MA/PD) were used to determine the credibility of the experience. These guidelines specify 24,000 member months as 100% credible for medical and specify the following formula for determination of partial credibility:

$$(n / 24,000) ^ {1/2} \text{ for medical and} \\ (n / 18,000) ^ {1/2} \text{ for prescription drugs}$$

where n = member months in the experience period.

Since prescription drug and medical coverage are both covered, and medical services make up a significantly larger portion of the costs, the above medical formula was used for the determination of partial credibility. The use of the CMS MA/PD credibility is appropriate given that both MA/PD and Commercial cover similar benefit categories.

Resulting Credibility Level Assigned to the Base Period Experience

The credibility assigned to the Illinois base period experience is 100%. Table 7 summarizes the adjusted credibility of the base period experience.

Table 7 Health Alliance Medical Plans Credibility of Base Experience			
Description	NGF	ACA	Annotation
Member Months – Base Experience	130,554	58,360	(a)
Full Credibility Threshold – Member Months	24,000	24,000	(b)
% Base Experience in the Manual Rate	0%	0%	(c)
Credibility of Base Experience (no adjustment)	100%	100%	(d) = Min {sqrt[(a)/(b)], 1}
<b>Adjusted Credibility of Base Period</b>	<b>100%</b>	<b>100%</b>	(e) = [(d) - (c)] / [1 - (c)]

**VIII. Establishing the Index Rate**

Index Rate Development

The Iowa experience period index rate shown on Worksheet 1 of the URRT is not credible and is not used in determining premium rates for 2021. As discussed above, we developed a Manual EHB Allowed Claims PMPM from our 2019 Illinois ACA experience that we use to set our premium rates. This manual allowed EHB PMPM of [REDACTED] is shown on Worksheet

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1, Section II of the URRT. It has not been adjusted for risk adjustment transfers, reinsurance fees / recoveries, or Exchange fees.

**IX. Development of the Market-wide Adjusted Index Rate (MAIR)**

The market-adjusted index rate is calculated as the index rate adjusted for all allowable market-wide modifiers defined under the market rating rules in 45 CFR Part 156, §156.80(d)(1).

Reinsurance

We are assuming a net federal reinsurance recovery of \$0.

Risk Adjustment Payment/Charge

As discussed above, our 2019 Illinois experience was adjusted to the 2019 Illinois statewide morbidity level by increasing claims [REDACTED] for our projected risk adjustment payment. An assumption for the change in statewide morbidity from Illinois to Iowa was also made in determining the manual EHB PMPM. This results in our average risk and premium rates being set at the anticipated state average risk level with the expectation that no significant portion of this premium will be either received from or paid to the Risk Adjustment transfer program in 2021.

Exchange User Fees

We are not on the SHOP so do not incur this fee.

These adjustments are shown in Worksheet 1, Section II of the URRT and result in a Market Adjusted Index Rate of [REDACTED].

**X. Plan Adjusted Index Rate**

The market-adjusted index rate is adjusted to compute the plan-adjusted index rates using the following allowable adjustments. The development of the plan adjusted index rates is shown in Appendix A.

Actuarial Value and Cost Sharing Adjustment

The Actuarial Value and cost-sharing factors were developed with an internally developed benefit pricing model using our own Health Alliance claims data. This model uses a fixed claims data set and adjudicates claims based on the plan design entered. Since the same claims data is used to price all plans, expected differences in the morbidity of members assumed to select the plan do not affect the resulting relativities.

Appendix A column 3 represents the plan design behavior factor for each plan as priced (i.e., before the values are normalized to the composite plan design behavior factor) and follows the development of these factor through to our AV and Cost Sharing factors and to our Actuarial Pricing Values.

Provider Network, Delivery System and Utilization Management Adjustment

All of our Iowa products are only offered on our HMO network, which is set to a 1.000 factor.

Adjustment for Benefits in Addition to the EHBs

We cover adult eye exams, acupuncture, routine foot care, and nutrition counseling as benefits in addition to EHB. These benefits are small and some, like acupuncture, may save costs by lowering utilization of other more expensive pain services. We believe they have a negligible cost impact.

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Adjustment for Distribution and Administrative Costs

Exhibit 5 displays the total expenses, profit, taxes, and fees.

We have projected our 2021 administrative expenses to be [REDACTED] of premium. This estimate is entered as a percent of premium that does not vary by plan in Worksheet 2, Section III of the URRT. This amount includes an allocation of corporate overhead and operational expenses, commissions, net commercial reinsurance, and quality improvement expenses but does not include any profit, risk load, taxes, or fees discussed below.

Our projected assessment for taxes and fees is [REDACTED] of premium. This estimate is entered as a percent of premium that does not vary by plan in Worksheet 2, Section III of the URRT. This amount includes an estimate for the Health Insurer Tax, state premium tax, risk adjustment program fee, and federal and state Income taxes. The Exchange User Fee is not included in this assessment.

We build in [REDACTED] of premium for a target net contribution to surplus that does not vary by product or plan. We consider the uncertainty of estimated claims in the 2021 market and federal MLR requirements in the target.

Exhibit 6 demonstrates the reconciliation of the pre-tax and post-tax profit margin while Exhibit 7 demonstrates the development of the Federal Income Tax PMPM.

Impact of Specific Eligibility Categories for the Catastrophic Plan

Not applicable

**XI. Calibration**

The calibrated plan adjusted index rates are developed in Appendix C.

Age Curve Calibration

We composite the CMS-approved premium age factors by the projected membership at each age based on emerging 2020 Illinois membership. Using this membership mix, the average age of the single risk pool is 36.8 and the average age calibration factor is [REDACTED]. This calibration factor is applied uniformly to all plans. Our development of the weighted average age calibration complies with the standard age curve methodology and with applicable rating rules. Exhibit 9 displays the development of the age calibration factor. The reciprocal of this factor, [REDACTED], is entered on the URRT Worksheet 2, Section III as part of the Calibrated Plan Adjusted Index Rate calculation.

Geographic Factor Calibration

For 2021, we are only selling in rating areas 5 and 6. Our area factor is 1.000 for both regions and is unchanged from last year.

Tobacco Use Rating Factor Calibration

We do not rate for tobacco use so the calibration factor is 1.000.

**XII. Consumer Adjusted Premium Rate Development**

The consumer-adjusted premium rate is the final premium rate for a plan charged to a small group utilizing the rating and premium adjustments as articulated in the applicable market reform rating rules. It is the product of the calibrated plan

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adjusted index rate, the geographic rating factor, the age rating factor, the tobacco rating factor (which is 1.000 for all ages on small group), and the quarterly trend factor.

**XIII. Projected Loss Ratio**

The projected loss ratio based on federally prescribed MLR methodology is [REDACTED] as shown in Exhibit 8.

**XIV. AV Metal Values**

The AV Metal Values included in Worksheet 2, Section I of the URRT were developed entirely using the CMS Actuarial Value calculator.

**XV. Membership Projections**

Our projected membership of [REDACTED] member months is shown by plan in Worksheet 2, Section IV of the URRT. This projection is based on the current distribution of our Illinois membership on a similar plan portfolio as being offering in Iowa for 2021, as well as anticipated new business for 2021.

**XVI. Terminated Plans and Products**

Exhibit 10 shows our 2019 and 2020 terminated plans and plan mappings through to 2021.

**XVII. Plan Type**

For 2021, we will be offering HMO and POS plan types as noted in Worksheet 2, Section I of the URRT.

**XVIII. Effective Rate Review Information**

Additional information is available upon request.

**XIX. Reliance**

In addition to our internal trend studies, we relied on consultant industry trend studies and surveys from Segal and Milliman to help set our allowed claim trend and paid claim trend (insurance trend) assumptions.

**XX. Actuarial Certification**

I, Pasquale Reda, Jr. am an Actuary at Health Alliance Medical Plans. I am a Fellow of the Society of Actuaries and a Member of the American Academy of Actuaries in good standing. I meet the Qualification Standards of the American Academy of Actuaries to render the actuarial opinion contained herein.

I certify to the best of my knowledge and judgment:

1. The projected index rate is:

- In compliance with all applicable State and Federal Statutes and Regulations (45 CFR 156.80 and 147.102),
- Developed in compliance with the applicable Actuarial Standards of Practice,
- Reasonable in relation to the benefits provided and the population anticipated to be covered, and
- Neither excessive nor deficient based on my best estimates of the 2021 small group market.

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2. The index rate and only allowable modifiers as described in 45 CFR 156.80(d)(1) and 45 CFR 156.80(d)(2) were used to generate plan level rates.
3. The geographic rating factors reflect only differences in the costs of delivery (e.g., unit costs, provider practice pattern differences) and do not include differences for population morbidity by geographic area.
4. The CMS Actuarial Value Calculator was used to determine the AV Metal Values shown in Worksheet 2, Section I of the Part I Unified Rate Review Template for all plans.

The information provided in this Actuarial Memorandum is in support of the items illustrated in the URRT and does not provide an actuarial opinion regarding the process used to develop proposed premium rates. It does certify that rates were developed in accordance with applicable regulations, as noted.

The results are actuarial projections. Actual experience will differ for a number of reasons including, but not necessarily limited to, population changes, claims experience, and random deviations from assumptions.

Respectfully submitted,

Pasquale Reda, Jr., FSA, MAAA  
Actuary  
Health Alliance Medical Plans